



Sarvajani University
Sarvajani College of Engineering & Technology
Master of Computer Applications Department

Date: 19th, Feb 2025

A Report on Sports Day

organized to celebrate

National Youth Day



Sports play a crucial role in enhancing human life by fostering physical fitness, mental health, and social engagement. They help cultivate essential qualities such as discipline, teamwork, perseverance, and resilience. Beyond physical benefits, sports serve as a means for relaxation, stress management, and personal development, all of which contribute to an improved quality of life. For students, sports offer valuable opportunities to develop life skills, adopt positive habits, and embrace a well-rounded approach to education.

The MCA Department's Sports Day under the banner of Institution's Innovation Council (IIC) cell started with an exciting mixed cricket match. Alongside students enthusiastically participated in volleyball, carrom, and chess matches. To elevate the excitement, the event concluded with a series of fun-filled games, including Tug of War for both boys and girls, Lemon and Spoon Race, Sack Race, and other enjoyable activities. The day wrapped up with a trophy distribution ceremony, celebrating the achievements of the winning teams.

Sports Day details can be found below:

Date & Time :	18 th February ,2025 9:00 AM to 4:30 PM
Targeted Audience:	Students from M.C.A., IMCA and Faculty Members
Coordinated By:	Prof. Rashmi Chouhan, Dr. Mayank Jain
Participants:	150+ students and M.C.A. Staff

✚ **Winners of Mix Cricket were awarded with Trophy.**

Some Glimpses of Sports Day











We present our sincere gratitude to **Dr. Hiren Patel, Principal, SCET**, for providing permission and support to organize sports day. We extend our gratitude to **Dr. Mayank Dalal, Dean SAWC**, and **Prof. Dilip Patel, Physical Instructor** for his invaluable support in organizing the Sports Day. We are thankful to **Prof. Gayatri Kapadia, Head-MCA Dept.**, for encouraging us to organize the sports day to impart above learning to the students.

Report compiled by Prof. Rashmi Chouhan & Dr. Mayank Jain (Faculty Coordinators)