



Sarvajnik Education Society  
**SARVAJANIK UNIVERSITY**



Report on  
**PAP TEST Awareness  
Session**

Organized by  
**Sarvajnik University**  
in  
**collaboration WDC, SCET**



Held on  
**22<sup>nd</sup> August 2025**

Coordinated by  
Dr. Kaushika Pal  
Prof. Bhumika Patel

# Dr. Saniya P Thakkar

- She completed her MBBS from Govt. Medical College, Amritsar, and her M.S. from Govt. Medical College, Surat
- Practicing since 2013, she has delivered numerous talks on women's health awareness.
- Along with her committed team, Dr. Saniya has been leading initiatives to spread awareness and encourage early detection—because awareness can save lives.



- She is the owner and consultant at vraj hospital.
- Former consultant at Me and Mummy hospital

# Details of the Session

<b>Date and Time</b>	22nd August 2025 (12:00 PM to 1:00 PM)
<b>Venue</b>	EC Av Room
<b>Targeted Audience</b>	Scet students and Female Staff members
<b>Faculty co-ordinator</b>	Prof. Bhumika Patel Dr. Kaushika Pal
<b>Organized By</b>	Women Development Cell
<b>Speaker</b>	Dr. Saniya P Thakkar

## Objective :

The session aimed to create awareness among female staff about the Peptide Test for early detection and survival of cancer, emphasizing the importance of preventive healthcare and timely diagnosis.

# Topics covered:

- The event was organized with the main objective of spreading awareness about women's health and well-being
- With a special focus on educating participants about the Pap test for cervical Cancer.
- The session aimed to highlight the importance of early detection.
- Regular check-ups to prevent serious health complications.
- The speaker explained several important health topics in detail.



- The need to maintain physical and mental health during this phase.
- She also addressed menstrual health (periods), emphasizing proper care and awareness to avoid long-term health issues.
- The session also covered PCOD (Polycystic Ovarian Disease) and PCOS (Polycystic Ovary Syndrome) Common hormonal disorders affecting women.
- Which can lead to irregular periods, weight gain, and fertility challenges.
- The speaker provided guidance on lifestyle modifications and medical awareness to manage these conditions effectively.

- Additionally, she shared healthy Body tips and highlighted the benefits of eating clean and nutritious food.
- Also how a balanced diet can prevent many Lifestyle-related diseases and support overall well-being



- Overall, the session was highly informative, interactive, and impactful.
- It not only enhanced the knowledge of the participants but also encouraged them to prioritize regular health check-ups, adopt healthier habits, and spread awareness in their communities.





- We, the team WDC, extend sincere thanks to Dr. Hiren Patel, Principal, for permitting and encouraging such an event
- We extend our special thanks to the Head of the Departments and Faculties, SCET, for motivating students to participate in such events.

**Progress is not achieved in isolation  
—it is built when we move forward,  
hand in hand, with courage,  
equality, and collective purpose.**

**Report Compiled by Dr. Kaushika Pal**