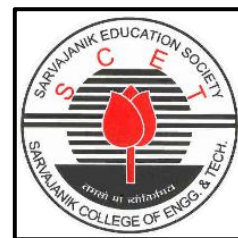




SARVAJANIK UNIVERSITY
SARVAJANIK EDUCATION SOCIETY
Sarvajnik College Of Engineering & Technology
Women's Development Cell, SCET



A report on
"Menstrual Hygiene Training Program"

Held on
8th January, 2022, 11:00 AM to 12:00 Noon

Organized by
Women's Development cell (WDC), SCET

On 8th January, 2022, a webinar on "Menstrual health & hygiene Management" was held under the Woman Development Cell (WDC) offered by 'Unicharm', a CSR institute of Unicharm India. Mrs.Nitya Chaudhary, CSR executive and social activist in Unicharm India, was the speaker of the day. More than hundred female students and faculty members' have attended the webinar.

The college lady representative, Ms. Nancy Badiyani, started the webinar. She talked about our college SCET and introduced the distinguished speaker in her welcome speech. She also greeted faculty members and students who have joined the webinar. All the participants were curious enough to fathom more about the life-cycle. Nitya madam started her presentation with the most insightful and helpful subjects like, consultation of doctors, hormonal changes during distant phases, pre-menstrual syndrome and yoga for relief during menstrual life-cycle etc. Madam explained the female reproductive system, menstrual cycle and its hygienic management, and other useful and related instructions. Madam educated us with the things which are to be taken care of for keeping a Healthy life-cycle.

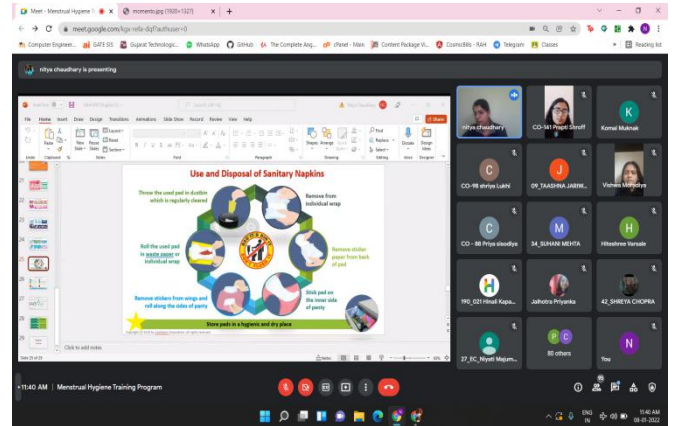
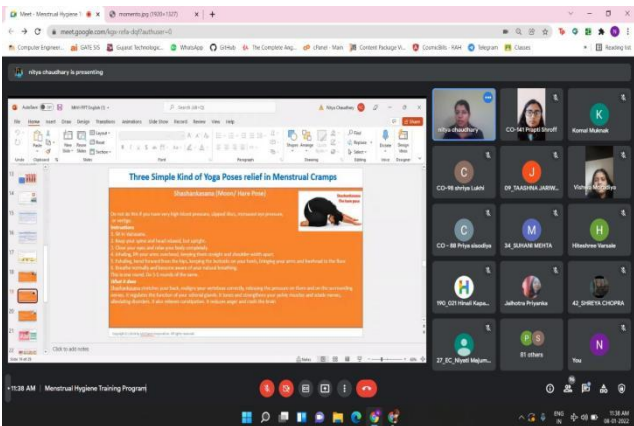
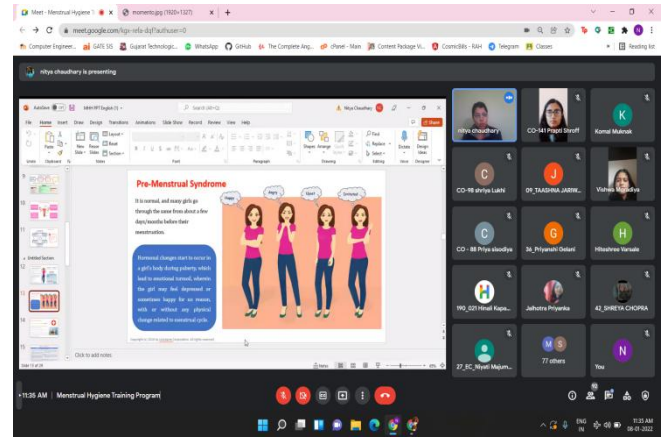
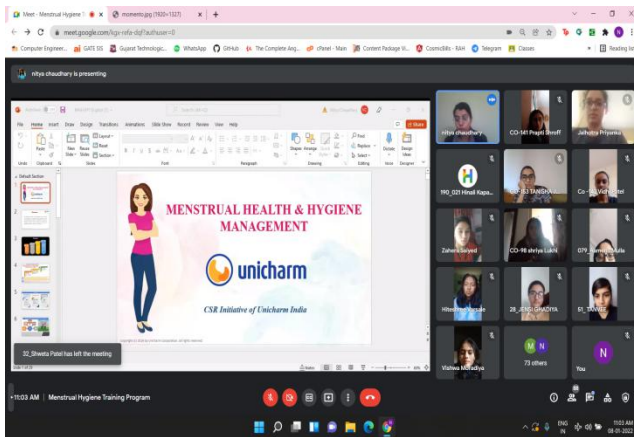
In the end, there was a small question and answer session, where students asked their queries regarding hygiene and others. The speaker answered them skilfully and exhibited great oratory expertise. It was an informative experience for the students and faculties as well.

An e-memento was handed over to the speaker. The event concluded with a thank you note to the chief speaker and also to everyone who were present to witness the session and also with a promise of conducting more events under "Unicharm".

Co-ordinated By: Team WDC, SCET (2021-2022)

Some Glimpses of the webinar :

a. Presentations along with participants



b. e- memento to the Speaker

