



Sarvajani University
Sarvajani College of Engineering & Technology



Report of workshop on "Self-Defense"



Organized by

Women Development Cell, SCET
Held on 28th August 2025

Coordinated by:
Prof. Bhumika Bhatt
Ms. Tejal Surati
(Members, WDC, SCET)



SARVAJANIK UNIVERSITY
SARVAJANIK COLLEGE OF ENGINEERING AND TECHNOLOGY



Women Development Cell



Presents

**Workshop
on
Self-Defense**
Empowerment Through
Martial Arts

Satya Dave

Scan me






Mr. Renshi Satya Dave is a martial arts expert with 35 years of experience, holding multiple leadership

📅 28th August 2025
🕒 2:00 pm onwards
📍 SU seminar hall

roles and black belt degrees, trained 120,000+ individuals in self-defense and yoga

Faculty Coordinators: Prof. Bhumika Bhatt Ms. Tejal Surati

Student Coordinators: Krishee Mehta(LR) Akifa Shaikh Hiral Patel
(+91 74330 14388)

Objective of the Session

Personal safety and self-confidence are essential life skills for young women as they begin their academic journey. To introduce our newly joined students to these vital skills, the WDC team proposes to organize a Self-Defense Workshop. The session will provide hands-on training in practical techniques while focusing on physical strength, mental resilience, and situational awareness. The goal is to equip students with confidence and essential tools to handle challenging situations effectively.

Details of the Talk:

Date and Time:	28 th August 2025 (2:00 PM to 4:00 PM)
Venue:	SU Seminar Hall
Targeted Audience	Female Students of SCET
Coordinated By:	Prof. Bhumika Bhatt, Ms. Tejal Surati
Organized By	Women Development Cell
Participation	191
Speaker	Shri Satya Dave
MOC	Ms. Dhvani Vansia
Students Coordinators:	Ms. Krishi Mehta (LR) Ms. Akifa Shaikh Ms. Hiral Patel
Key Learning	✓ Importance of Self-defense – Understanding why every girl should be prepared to protect herself in real-life situations. ✓ Practical Techniques – Learning simple and effective tricks to handle common threats and attacks. ✓ Confidence Building – Developing self-belief, courage, and presence of mind to face challenges without fear. ✓ Physical Fitness Awareness – Gaining knowledge about the role of strength, agility, and fitness in self-defense. ✓ Safety & Empowerment Mindset – Encouraging awareness, alertness, and responsibility for personal safety and empowerment.
Team WDC	Dr.Kaushika Pal (CONVENER) Dr. Jigisha Pandya Dr. Vaishali Umrigar Prof. Payal Zaveri Prof. Bhumika Bhatt Dr. Nehal Shah Prof. Jayana Rana Prof. Bhumika Patel Prof. Palak Desai Ms. Tejal Surati

Trainer: Renshi Satya Dave

Renshi Satya Dave is a highly respected martial artist, educator, and social worker with over 35 years of experience in multiple disciplines of martial arts and yoga. As the Chief Director and Instructor of the Global Martial Arts Academy, Gujarat, he has dedicated his life to spreading the knowledge of Karate, Wing Chun Kung Fu, Kenjutsu, Ai Jutsu, and Mixed Martial Arts across India. Holding a 6th Degree Black Belt in Goju Ryu Karate Do Kyokai (USA), a Black Sash in Wing Chun Kung Fu, and advanced ranks in traditional weapon arts, he stands as one of the most accomplished trainers in the field. His expertise extends beyond martial arts into yoga therapy, self-defense, and holistic wellness.

Along with his academies in Surat, Ahmedabad, Navsari, and Mumbai, Mr. Dave has played a crucial role in community empowerment initiatives. As a Civil Defense officer and trainer, he has conducted specialized self-defense programs for NCC cadets, women's safety projects, and various police stations under the Mahila Suraksha and Suraksha Setu projects. Having personally trained more than 1,20,000 girls and women in self-defense and awareness, he is recognized not only as a martial arts master but also as a committed social worker dedicated to safety, discipline, and personal empowerment.

Workshop in Brief:

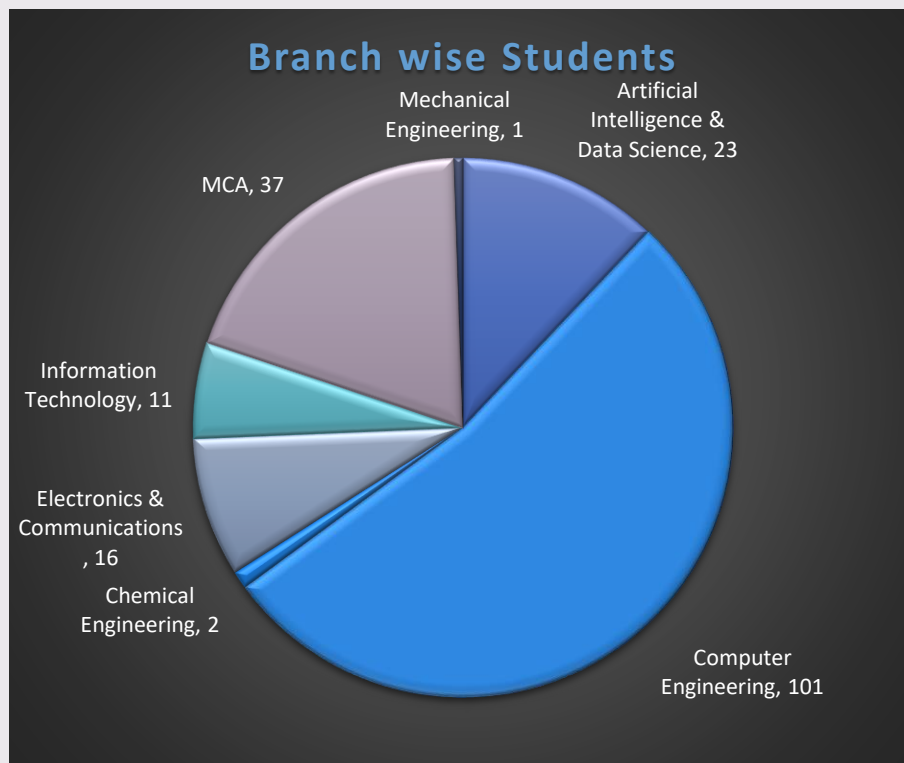
We conducted a two-hour self-defense training session specially designed for girl students under the guidance of Renshi Satya Dave. The session began with the introduction of our eminent guest Shri Satya Dave. Prof. Bhumika Bhatt greeted him with a flower. We also greeted our co-trainer Mr. Amit with a flower, presented by Dr. Kaushika Pal. Then the session started with an inspiring talk where Mr. Satya motivated the participants to understand the importance of self-defense in today's world. He emphasized not only the need to protect oneself but also the confidence and discipline that came with learning martial arts. Through his engaging approach, students felt encouraged and empowered, realizing that self-defense was not about aggression but about awareness, preparedness, and presence of mind.

During the practical training segment, Mr. Dave demonstrated and taught various simple yet effective tricks and techniques that could be applied in real-life situations. The students actively participated in drills, learning how to defend themselves against common threats using easy-to-remember movements. Along with self-defense techniques, he also advised the students on maintaining physical fitness and mental alertness, as these were the foundations of strength and safety. By the end of the session, the students not only gained practical skills but also developed a strong sense of confidence, self-belief, and responsibility toward their own safety.

At the end of the session, Dr. Mayank Dalal, Convener SAWC, honored Mr. Satya Dave with a memento, and Ms. Tejal Surati honored Mr. Amit with a memento.

Department wise Student's Participation:

Branch	Present Students
Artificial Intelligence & Data Science	23
Computer Engineering	101
Chemical Engineering	2
Electronics & Communications	16
Information Technology	11
MCA	37
Mechanical Engineering	1
Total	191



Some Glimpse of the Session:



Greetings to the Experts by Team





Practical Training Sessions



Trainers in Action



Full Participation @ SU Hall



CORE TEAM



We the team WDC extend sincere thanks to Dr. Hiren Patel, Principal for permitting and encouraging such event. We are thankful to Dr. Mayank Dalal, Dean SAWC for helping us to get financial support for the workshop guidance and encouragement for the seminar. We extend our special thanks to Head of the Department and Faculties, SCET for motivating students to participate in such events. We as the coordinators of the event are thankful to WDC Coordinator Dr. Kaushika Pal for encouraging and helping us to organize this event.

We extend special thanks to our Dignities Mr. Satya Dave and Mr. Amit for very fruitful and encouraging training session.

Last but not the least, thank you all student coordinators and event participants for making this event the grand success!

*Event Coordinators:
Prof. Bhumika Bhatt
Ms. Tejal Surati*

Report Compiled by Ms. Tejal Surati