

Sarvajanik Education Society

Sarvajanik College of Engineering & Technology

Faculty of Electronics and Communication Engineering





A Report on Interaction with Alumni on

Reconnect with Your Inner Genius

Organized by:

Faculty of Electronics and Communication Engineering

Alumni:

Mr. Yayati Desai

On **22nd August 2016**

Faculty of Electronics and Communication Engineering organized an interactive session under the banner of "Share What I Gain", initiated by SCET Alumni Association for the Students of Electronics & Communication department on 22nd August 2016. The purpose of the interaction was to address the UG students to know their inner self. The session was initiated to transform lives by helping individuals discover their innate creative and infinite potential so that they can lead a life with zest, happiness, joy, abundance and peace.

About The Alumni

The alumni guest was **Mr. Yayati Desai** currently working as Coach & Trainer to have impact on human lives to discover their inner potential and excel in life and career. Yayati has done his Masters in Human Resource Development and is a Chemical Engineer (Gold Medallist). He also holds two Diploma in Training & Development. Mr. Desai is an incredibly inspiring man with a powerful story of self-discovery and accomplishment. He has always dreamed big, strived for greatness and deeply cared about people. In the year of 2011, while pursuing his engineering, he discovered the beautiful science of meditation and have come to know of his purpose in life i.e. To Transform Lives by helping individuals discover their innate creative and infinite potential so that they can lead a life with zest, happiness, joy, abundance and peace. Yayati has impacted 7500+ lives through his workshops, seminars and training programs.

During Interaction

It has been seen that human expectations are often based on wanting things to be a certain way. When such expectations are NOT met, it can cause worry, anger, frustration and a host of other extreme negative emotions. On the other hand, if the expectations are met, it brings happiness, loads of smiles, certain contentment, and a host of other emotional highs. Mr. Desai initiated the session with the interrogation to expectation from one's life. He demonstrated the human achievement with the help of wheel of life considering certain grading to finances, happiness, health, family, friends, etc. Students enthusiastically participated to know their grades in such areas and knew short comings in other areas of life.

Mr. Desai showcased the requirement and an endless expectation of human. He narrated to add more value to ones world than ever dreamed possible by giving tools and strategies that one can immediately use to improve one's life. He calmly solved the queries of the students and motivated them to follow their dreams and achieve them. To their words, he added that life is full of expectations. One can't get rid of expectation because it is, to a certain extent, a part of our inner self. Perhaps, that's what keeps the flame of life alive. At last, Mr. Desai inspired students and gave them the power tools to rearrange their thinking, reorder their priorities and get moving in a direction that will dramatically improve their lives

Few glimpse of the session:









